

XYLOSE TESTING

WHAT CAN THE XYLOSE TEST BE USED FOR?

The Xylose test can be used to monitor coeliac disease management, and assists in the diagnosis of food intolerances, malabsorption conditions and Irritable bowel syndrome.

Results of the Xylose test will enable your treating health practitioners to evaluate whether you are malabsorbing food, may help in diagnosing and will help guide your treatment plan.

SYMPTOMS:

Symptoms of xylose malabsorption may include:

- chronic diarrhoea
- weight loss
- malnutrition

COMPLETING THE XYLOSE

This test involves xylose being given as a solution in water to drink, with Hydrogen/Methane breath testing and symptom monitoring being performed at regular intervals for 2-3 hours to determine intolerance.

You will need to commence this test in a fasted state.

**TO DO A BREATH TEST, YOU SIMPLY BREATHE INTO THE ANALYZER AND IT
GIVES A RESULT IMMEDIATELY.
CALL 9770 7189 TO ARRANGE A TEST OR TO FIND OUT MORE.**